



BUSHCRAFT INTRODUCTION COURSE KIT LIST

A few clothing items, such as a rain jacket and hiking boots, are essential for this course, but for the most part, you just need to dress appropriately for the weather.

If you have any questions, please contact us at: wildwalkbushcraft@gmail.com

CLOTHING


Item	Comments	✓
Clothing		
Wet gear	Water proof jacket and trousers	
Warm gear	Fleece or woollen type is best	
Trousers	Strong polycotton trousers don't bring jeans or Lycra type trousers.	
Head gear	Woollen for warmth, brimmed or peaked cap to protect from sun.	
Gloves	Gardening type to protect hands while gathering	

Footwear	Solid footwear, cross trainers are comfy if its dry and warm however if wet waterproof hiking boots or wellies with comfy socks are best.	
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PERSONAL GEAR

Item	Comments	✓
Water bottle	Solid plastic or metal non leak, filled with water.	
Whistle	Fox 40 or similar pea less whistle for alerting attention.	
Mug	Metal or plastic	
Eating tools	Spoon, knife, fork, plate or bowl non-breakable plastic or metal.	
Notebook and pencil		
Personal Medication		
Reading glasses or contacts.		
Small day sac or ruck sac	For carrying items and preventing loss.	

FOOD ITEMS

Item	Comments	
Water	2 x liters per person for drinking and washing.	
Trail snacks	Eat on the move food.	
Lunch meal	If you are on a particular diet as lunch items will be provided.	

You will be provided with a training knife and other specialist equipment for the duration of the course.

There will be the ability to purchase bushcraft items to keep on this course. They are listed below. If you wish to purchase any items, please email us with:

- Item name
- How many you require

Please bring exact cash with you on the day.

Item description	cost
Mora companion bushcraft Knife	£15.00
Wooden handled Ferro rod and striker	£15.00
Tin box containing Steel striker, flint and charcloth.	£25.00
Leather sheath for Mora knife	£20.00